



2019-20 Winter Qualifying Standards

Event	Girls North	Girls D1 States	Boys North	Boys D1 States
200 Medley Relay	2:13.22	2:05.00	1:53.11	1:48.99
200 Free	2:10.35	2:06.16	1:56.57	1:53.89
200 IM	2:28.65	2:22.65	2:11.93	2:08.13
50 Free	26.72	26.42	23.83	23.28
Diving	185 X 2	200 X 2	185 X 2	200 X 2
100 Fly	1:06.56	1:04.09	58.96	57.25
100 Free	59.51	57.63	52.76	51.49
500 Free	5:53.04	5:40.03	5:24.55	5:13.27
200 Free Relay	1:58.71	1:50.23	1:41.25	1:36.86
100 Back	1:06.50	1:04.21	1:00.16	59.13
100 Breast	1:16.96	1:15.75	1:06.89	1:04.69
400 Free Relay	4:27.86	4:04.50	3:44.36	3:38.31

NOTES:

NFHS Rule 3.1.1 In championship meets each team shall be permitted a maximum of four entries in an individual event and one team in a relay event. (Sectional qualifiers who achieve a State Qualifying Standard at the Sectional Meet, will be allowed to enter the State Meet).

NFHS Rule 7.1.3a 16 Place Scoring will be used for all MIAA Championship Meets
(See Rule for Individual and Relay point values).